



nexusBC
Community Resource Centre



— YOU ARE NEVER TOO OLD —
to have a little fun!

Free social activities
on the phone for adults 55+

Trivia, brain boosters
and friendly conversation
from the comfort of home!



**Better
at Home**

United Way helping seniors
remain independent.

Better at Home is funded by the
Government of BC and
managed by the United Way.

**Phone 250.545.0585 to sign up
Ask for a Better At Home coordinator**