



**nexusBC**  
Community Resource Centre

**2023**

**NORTH OKANAGAN**

# **SENIORS Housing Guide**



## Important Information Concerning This Guide

The information contained in this guide is designed as a general reference guide only. Reference to any specific products, process, or service, or residence does not necessarily constitute or imply its endorsement, recommendation, or favouring by NexusBC Community Resource Centre.

Please note that guide is not inclusive. For other possibilities, contact the Connect Program at NexusBC Community Resource Centre - 250.545.0585. Prices and services subject to change. Many places may have a waiting list.

If you wish to be listed on our North Okanagan Seniors Housing Guide or would like any changes made to your listing, please contact:



NexusBC Community Resource Centre  
102, 3201 30<sup>th</sup> Street, Vernon BC V1T 9G3  
Tel: 250.545.0585  
Email: [info@nexusbc.ca](mailto:info@nexusbc.ca)  
[www.NexusBC.ca](http://www.NexusBC.ca)

# Table of Contents

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<b>General Information on Housing .....</b>	<b>4</b>
<b>Short Term Stays and Respite Care .....</b>	<b>6</b>
<b>Housing Assistance For Seniors Through BC Housing .....</b>	<b>8</b>
<b>Subsidized Assisted Living Through Interior Health .....</b>	<b>10</b>
<b>Subsidized Residential Care Through Interior Health .....</b>	<b>11</b>
<b>Seniors Housing in Vernon .....</b>	<b>12</b>
<i>Residence Checklist.....</i>	<i>12</i>
<i>Abbeyfield House .....</i>	<i>14</i>
<i>Canterbury Court .....</i>	<i>15</i>
<i>Chartwell Carrington Place.....</i>	<i>16</i>
<i>Coldstream Meadows.....</i>	<i>17</i>
<i>Columbus Court .....</i>	<i>18</i>
<i>Creekside Landing.....</i>	<i>19</i>
<i>Gateby Care Facility.....</i>	<i>20</i>
<i>The Hamlets at Vernon .....</i>	<i>21</i>
<i>Hearthstone Manor .....</i>	<i>22</i>
<i>Heritage Square .....</i>	<i>23</i>
<i>Heron Grove.....</i>	<i>24</i>
<i>Noric House.....</i>	<i>25</i>
<i>Orchard Valley Retirement Residence .....</i>	<i>26</i>
<i>Polson Residential Care .....</i>	<i>27</i>
<i>Regency Parkwood Retirement Resort .....</i>	<i>28</i>
<i>Silver Springs Retirement Residence.....</i>	<i>29</i>
<i>Vernon Restholm .....</i>	<i>30</i>
<i>The Victorian.....</i>	<i>31</i>
<b>Private Seniors Housing In Vernon.....</b>	<b>32</b>
<b>Seniors Housing in Armstrong .....</b>	<b>38</b>
<i>Abbeyfield House .....</i>	<i>38</i>
<i>Heaton Place Retirement Residence.....</i>	<i>39</i>
<i>Pioneer Square.....</i>	<i>40</i>
<i>Pleasant Valley Manor.....</i>	<i>41</i>
<b>Seniors Housing in Enderby .....</b>	<b>42</b>
<i>Parkview Place.....</i>	<i>42</i>
<b>Seniors Housing in Lumby .....</b>	<b>43</b>
<i>Monashee Mews .....</i>	<i>43</i>
<b>Adult and Senior-Oriented Apartments .....</b>	<b>44</b>

# General Information on Housing

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## Community Care and Assisted Living Act

The Community Care and Assisted Living Act (CCALA) provides licensing for community care facilities that offer care to vulnerable people in adult residential settings. It also establishes a new registration process for assisted living residences that accommodate seniors and persons with disabilities who receive housing, hospitality, personal assistance services and can direct their own care.

**Facilities that provide residential care to 3 or more persons must have a valid community care facility license, whether they receive funding from a health authority or other agency, or whether the client pays privately for their accommodation and care.**

Publicly funded residential care facilities typically provide 24/7 professional care and supervision, in a protective, supportive environment, for people with complex care needs who are not able to live independently. In these facilities, the costs of care and accommodation are subsidized.

Privately funded licensed community care facilities do not receive funding from a health authority or other agency. Persons who live in these facilities are responsible to pay the full costs of their care and accommodation.

Operators of licensed care facilities (licensees) and their staff provide direct care and supervision to persons in care, and have the primary responsibility to protect and promote the health, safety, dignity, and well-being of persons in care. While the CCALA and its regulations provide the minimum legislative requirements that licensees must meet, many licensees exceed these requirements. In particular, as noted previously, licensees who have contracts with funding agencies may have additional contractual obligations they must meet. Licensees who engage in voluntary accreditation programs also have additional requirements that must be met.

The CCALA requires that licensees of community care facilities:

- operate the facility in a manner that will promote the health, safety and dignity of persons in care;
- employ only persons of good character who meet the standards for employees specified in the regulations;
- display the license in the prescribed manner;
- appoint a manager for the community care facility;
- Facilitate a forum for persons in care and family members and substitute decision makers through the establishment of resident and family councils.

The Act defines *care* as supervision provided to an adult who is vulnerable because of family circumstances, age, disability, illness or frailty, and dependent on caregivers for continuing assistance or direction in the form of three or more *prescribed* services. The services referred to in the Act are *prescribed*, that is, specified in the regulations. **The number of *prescribed* services offered by an operator for adult residential care distinguishes a community care facility from an assisted living residence.** Care facilities that provide three or more of the following services are required to be licensed, while those offering only one or two services must be registered as assisted living. The prescribed services are as follows:

- regular assistance with activities of daily living, including eating, mobility, dressing, grooming, bathing or personal hygiene;
- central storage of medication, distribution of medication, administering medication or monitoring the taking of medication;

- maintenance or management of the cash resources or other property of a resident or person in care;
- monitoring of food intake or of adherence to therapeutic diets;
- structured behaviour management and intervention;
- Psychosocial rehabilitative therapy or intensive physical rehabilitative therapy.

Source: Ministry of Health - [www.health.gov.bc.ca](http://www.health.gov.bc.ca)

Please note: All references to licensing means a License under the Community Care and Assisted Living Act. Individuals need to verify whether a premise is licensed.

## North Okanagan Better At Home Program

The North Okanagan “Better at Home” is a program that helps seniors with simple non-medical, day-to-day tasks so that they can continue to live independently in their own homes, and remain connected to their communities. The Government of BC funds the program, United Way of the Lower Mainland manages it, and NexusBC Community Resource Centre provides the services for Vernon, Armstrong, Lumby and Cherryville. In order to receive services (house cleaning, transportation, minor home repair, light yard work, friendly visiting) you will need to register with the Better at Home program. Please note services are limited and are subject to availability and funding. Fees for clients of the Better At Home Program are priced on a sliding scale according to income. You must be age 65+ and residing in Vernon, Armstrong, Lavington, Lumby or Cherryville to be eligible for the program. Please phone 250.545.0585 or email [betterathome@nexusbc.ca](mailto:betterathome@nexusbc.ca) for more information.

## BC Residential Tenancy Branch

British Columbia’s Residential Tenancy Act and Regulations apply to rental agreements, rental units and residential properties. The Act **does not apply** to community care, continuing care and assisted living facilities or accommodation where the tenant shares bathroom or kitchen. Under the law, both tenants and landlords have specific rights and responsibilities in a tenancy. If you have any questions, phone the BC Residential Tenancy Branch at **1.800.665.8779** or visit [www.gov.bc.ca/landlordtenant/](http://www.gov.bc.ca/landlordtenant/)

## BC Seniors Line

Toll-free information line at **1.800.465.4911** about federal and provincial government programs and services of interest to seniors including eligibility and assistance with applications for program such as bus passes, tax rebates, homeowner grants, and MSP care card applications.

## Homeless Outreach and Prevention Programs

The program will provide assistance, referrals and access to housing for people who are homeless or at risk of becoming homeless within one of the following target groups:

- People leaving corrections and/or hospital systems
- Women who have experienced violence or are at risk of violence
- Youth, including those leaving the care system; or
- People of Aboriginal descent

Contact: Turning Points Collaborative Society

102, 3301 - 24th Avenue, Vernon BC V1T 9S8

Tel: 250-542-3555 ext. 211 for Homeless Prevention ext. 210 for Homeless Outreach

Website: <https://turningpoints.ngo/continuum-of-care/housing>

## Short Term Stays and Respite Care

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### **Canterbury Court**

Short-term stays available for a few days, a week or as long as a month. Canterbury Court is located at 3011 Gateby Place. Call Delene at 250.503.2054 for more information.

### **Charie's Care Home**

Will provide short-term stays. Charie's Care Home is located at 3511 41 Avenue, Vernon. Phone 250.307.4635 or 250.260.0133

### **Chartwell Carrington Place**

Carrington Place offers short term stays starting at \$80 per night depending on the apartment that is set up. Please phone Twyla at 250.545.5704 for more information.

### **Cydie's Care Home**

Will provide short-term stays. Cydie's Care Home is located at 3404 18 Avenue, Vernon. Phone 250.863.5541 or 250.503.5175

### **Dennis and Myrna's Care Home**

Will provide short-term stays. Dennis and Myrna's Care home is located at 1100 Windsor Place, Vernon. Phone 250.545.2540 or 250.308.7109

### **The Hamlets At Vernon**

The Hamlets provides respite care and trial stays. Please phone 236.426.1488 for more information.

### **Hearthstone Manor**

Minimum stay is 14 days. Hearthstone Manor is located at 2800 40th Street in Vernon. Phone 250.309.2051 for more information.

### **Heron Grove**

Will provide short term stays subject to availability. Call for current rates. Heron Grove is located at 4904 20<sup>th</sup> Street in Vernon. Phone 250.542.6101

### **Orchard Valley Retirement Residence**

Will provide short term stays subject to availability. Orchard Valley is located at 2829 34th Street in Vernon. Phone Dan at 250.545.0455

### **Silver Springs Retirement Residence**

Will provide short term stays on a monthly basis, subject to availability. The cost is \$75 per day. Silver Springs is located at 3309 39th Avenue in Vernon. Phone 250.545.3351

### **Ridia's Retreat**

Will provide short term stays, subject to availability. Call for current rates. Ridia's Retreat is located at 7436 Old Stamp Mill Road, Vernon. Phone 250.938.0745

### **Sharon's Place**

Will provide short-term stays. Sharon's Place is located at 6125 Silver Star Road, Vernon. Phone 250.545.3367 or 250.550.4597

### **Yolanda's Care Home**

Will provide short-term stays. Yolanda's Care Home is located at 37, 100 Kalamalka Lake Road, Vernon. Phone 250.549.4757

# Housing Assistance For Seniors Through BC Housing

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BC Housing offers two programs for eligible seniors:

## 1. Subsidized Housing

Subsidized housing is long-term housing for people who permanently reside in British Columbia. Rental fees are calculated on a rent geared to income basis (30% of household total gross income, subject to minimum rent based on # of people). You may be eligible for subsidized housing if you can live independently and meet the household, residency, income and asset criteria. The housing needs of each applicant are assessed, with available units offered to people in greatest need first.

Use the Housing Listings at [www.bchousing.org](http://www.bchousing.org) to find subsidized housing in BC. There are two ways that you can apply to buildings and the Housing Listings will let you know for each building what the application process is. You will need to apply for each building by either:

1. Applying to the Housing Registry. The Registry allows your single application form to be considered for available units managed by BC Housing and a number of non-profit and co-operative housing providers that have chosen to use The Housing Registry database or,
2. Apply directly to non-profit societies and co-operatives that manage their own application processes.

Examples of housing for seniors and families in the North Okanagan that are subsidized through BC Housing include:

- Blue Skies Housing Cooperative, 4501 20 Street, Vernon BC
- Creekside Village, 3502 27 Avenue, Vernon BC\*
- Columbus Court I & II, 3003 Gateby Place, Vernon BC\*
- Enderby Memorial Terrace, 708 Granville Avenue, Enderby BC\*
- Heather Heights, 2315 Heather Avenue, Armstrong BC\*
- Highland Park Lodge, 3700 Highland Park Road, Armstrong BC\*
- Kickwillie Place, 4305 19<sup>th</sup> Avenue, Vernon BC
- Kikanee Estate, 5701 Heritage Drive, Vernon BC
- Monashee Place, 1748 Glencaird Street, Lumby BC\*
- McCulloch Court, 3400 Coldstream Avenue, Vernon BC\*
- Saddle Mountain Place, 1751 Glencaird Street, Lumby BC\*
- Tanner Terrace, 3304 Alexis Park Drive, Vernon BC
- Vernon Veridian, 3705 24 Avenue, Vernon BC
- Yin Ho Gardens, 4206 Alexis Park Drive, Vernon BC

\*Seniors and/or persons with disabilities only

For more information on BC Housing Programs visit [www.bchousing.org](http://www.bchousing.org) or phone 1.800.257.7756

You can request a Housing Registry application form be mailed to you by calling **1.800.257.7756**. You can also print one from the BC Housing website at [www.bchousing.org](http://www.bchousing.org). If you need help with filling it out, please phone NexusBC Community Resource Centre at 250.545.0585 to book an appointment.



## 2. Shelter Aid for Elderly Renters Program (SAFER)

SAFER provides monthly cash payments to eligible senior residents of BC who pay rent for their homes. Seniors who pay pad rental fees for owner-occupied manufactured homes (trailers) may also be eligible.

BC Housing provides SAFER subsidies to more than 17,000 senior households renting apartments in the private market, including singles, couples and people sharing a unit.

You may be eligible for SAFER if you meet all of the following conditions:

- You are age 60 or older.
- You have lived in BC for the full 12 months immediately preceding your application.
- You and your spouse (with whom you are living) meet the citizenship requirements.
- You pay more than 30% of your gross (before tax) monthly household income towards the rent for your home, including the cost of pad rental for a manufactured home (trailer) that you own and occupy.

You can request a SAFER application form be mailed to you by calling **1.800.257.7756**. You can also print one from the BC Housing website at [www.bchousing.org](http://www.bchousing.org). If you need help with filling it out, please phone NexusBC Community Resource Centre at 250.545.0585 for an appointment. Please note that BC Housing's SAFER application processing times vary.

Seniors residing in a long-term care facility or in a residence that is subsidized through another government agency are not eligible for the SAFER subsidy.

## Subsidized Assisted Living Through Interior Health

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Assisted living services are provided in a supportive accommodation environment for clients with physical and functional health challenges who can no longer reside at home but are able to make decisions on their own behalf. Eligibility for publicly subsidized assisted living units is determined by one of the following local offices. You do not need to contact the assisted living residence directly.

- ▶ **NEW CLIENTS call 1.800.707.8550.**  
**Select option 2 for new intake, then option 7 for North Okanagan**
- ▶ **EXISTING CLIENTS in Vernon, phone 250.541.2200**
- ▶ **EXISTING CLIENTS in Armstrong and Enderby, phone 250.546.4752**

Once you are deemed as eligible for a subsidized unit and have agreed to living in an assisted living setting, your name will be placed on a list for an available unit in your preferred residence. The Case Manager will continue to monitor and support your care needs while you await an available unit.

When a unit becomes available, the Case Manager and assisted living staff will need to ensure that the assisted living environment continues to be suitable for you at the time of admission.

Due to the nature of this semi-independent setting, your eligibility may change over time should your health status change.

The monthly charge for publicly subsidized assisted living is based on income. Residents pay 70% of their monthly after-tax income, up to a maximum amount. Persons receiving disability benefits from the Ministry of Housing and Social Development pay a fixed rate. Fees are paid monthly to the Assisted Living Operator along with a small monthly hydro surcharge.

### Subsidized Assisted Living Facilities in Vernon

- Creekside Landing, 6190 Okanagan Landing Road
- Heritage Square, 3904 27<sup>th</sup> Street
- Heron Grove, 4900 20<sup>th</sup> Street

### Subsidized Assisted Living Facilities in Armstrong

- Pioneer Square, 2865 Willowdale Drive

### Subsidized Assisted Living Facilities in Enderby

- None

### Subsidized Assisted Living Facilities in Lumby

- None

Source: [https://www.interiorhealth.ca/FindUs/\\_layouts/FindUs/By.aspx?type=Location](https://www.interiorhealth.ca/FindUs/_layouts/FindUs/By.aspx?type=Location)

# Subsidized Residential Care Through Interior Health

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Residential Care is the BC Ministry of Health term for what you may know as Complex Care, Long Term Care, Extended Care, Nursing Home Care or Geriatric Care Facility. When you are no longer able to stay at home with assistance, the first step to entering a publicly subsidized residential care facility is to have a health care needs assessment completed. You can access this service by contacting one of the following offices where a Case Manager will determine your needs and eligibility. Priority is always given to those with the highest need and at the greatest risk.

- ▶ **NEW CLIENTS call 1.800.707.8550.**  
**Select option 2 for new intake, then option 7 for North Okanagan**
- ▶ **EXISTING CLIENTS in Vernon, phone 250.541.2200**
- ▶ **EXISTING CLIENTS in Armstrong and Enderby, phone 250.546.4752**

The search for a residential care bed that best meets your needs starts as soon as the Case Manager completes your assessment. The aim is to locate the first appropriate bed in your home or neighbouring community.

BC's residential access policy ensures people with the greatest assessed need have priority for the first appropriate bed in a residential care facility. You may be expected to move with very short notice – often within 48 hours. If the first appropriate bed vacancy is not in the location you want, you can make a request to move once you have settled in. When a new bed becomes available in your preferred location, you will have the choice of accepting or declining it.

## Subsidized Residential Care Facilities in Vernon

- Creekside Landing, 6190 Okanagan Landing Road
- Gateby Care Facility, 3000 Gateby Place
- Heritage Square, 3904 27<sup>th</sup> Street
- Heron Grove, 4900 20<sup>th</sup> Street
- Noric House, 1400 Mission Road
- Polson Residential Care, 2101 - 32nd Street

## Subsidized Residential Care Facilities in Armstrong

- Pleasant Valley Manor, 3800 Patten Drive

## Subsidized Residential Care Facilities in Enderby

- Parkview Place, 707 - 3rd Avenue

## Subsidized Residential Care Facilities in Lumby

- Monashee Mews, 2165 Norris Avenue

Source: [https://www.interiorhealth.ca/FindUs/\\_layouts/FindUs/By.aspx?type=Location](https://www.interiorhealth.ca/FindUs/_layouts/FindUs/By.aspx?type=Location)

# Seniors Housing in Vernon

## Residence Checklist

When calling or visiting a prospective independent or assisted living residence, this checklist will help to ensure that you ask the necessary questions, allow you to keep notes and make it easy to compare among residences being considered. Simply place a check mark in the boxes to the right if the service or feature applies to that residence.

GENERAL AND FIRST IMPRESSIONS	RESIDENCES		
	One	Two	Three
Good location (i.e. central, close to transit, shopping, parks, hospital)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Building appears to be clean, inviting and well-maintained	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Residents appear to be content and well cared for	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Staff seems friendly, helpful and accommodating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>SERVICES AVAILABLE</b>			
24-hr supervision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24-hour personal emergency response system	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
RN / RPN on staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Private duty nursing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medication supervision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medication administration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visiting or on-call physician	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visiting professional services (i.e. dental, lab, podiatrist, physiotherapist)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted Daily Living Services (i.e. grooming, dressing, bathing)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specialized Alzheimer / Dementia care program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Three daily meals and snacks included	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Special diets accommodated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tray service to suites	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Daily housekeeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weekly housekeeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Linens / towel laundry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Personal laundry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Respite / convalescent care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transportation to appointments or outings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social and recreational program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>The Residence Checklist continued...</b>			
	<b>RESIDENCES</b>		
<b>BUILDING AMENITIES AND FEATURES</b>	<b>One</b>	<b>Two</b>	<b>Three</b>
Air-conditioned building	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Smoke alarms and sprinkler system throughout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wheelchair accessible	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Central dining room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Private dining room / area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comfortable and welcoming lounge areas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Resident and guest parking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuck shop or convenience store	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Banking services on-premises	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Barber / beauty shop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Multi-purpose activity room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dedicated chapel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Computer / internet room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fitness / exercise room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Library	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Therapeutic whirlpool	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Greenhouse or horticultural area	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Patio and / or gardens	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>SUITE AMENITIES AND FEATURES</b>			
Smoke alarms and sprinkler system in each suite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Individually controlled heating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Individually controlled air-conditioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Private bathroom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kitchenette	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Patio or balcony	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Furnishings provided	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Personal belongings allowed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Carpeting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cable TV and telephone outlets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Abbeyfield House



Level of Care	Independent Living with Supportive Services
Address	3511 - 27th Avenue, Vernon BC V1T 6M3
Telephone	250.542.3711
Contact Name	Patricia
Email	<a href="mailto:recreation@vernonbc.ca">recreation@vernonbc.ca</a>
Website	<a href="http://www.abbeyfieldvernon.ca">www.abbeyfieldvernon.ca</a>
Owned by	Abbeyfield Houses of Vernon Society
# IHA Subsidized Units	0
# Private Pay Units	11
Cost	\$1,575
Pets	Not permitted
Smoking	Not permitted
Minimum Age	65+
Services Provided	<ul style="list-style-type: none"> <li>• Continental breakfast 'self-serve'</li> <li>• WiFi is included</li> <li>• Room cleaning is included</li> <li>• Two meals: lunch and dinner</li> <li>• Cable television and utilities included (except phone)</li> <li>• Emergency call bracelet</li> <li>• 2 piece ensuite bathroom in all rooms, but shared shower/tub on each floor</li> <li>• Laundry facility or laundry services</li> </ul>
Details	<ul style="list-style-type: none"> <li>• Abbeyfield residents are free to make their own decisions, and come and go as they please.</li> <li>• Residents are responsible for all their own personal care. If a resident requires assistance with medications or personal care, they may employ an hourly home care attendant.</li> <li>• Two storeys, but have an elevator</li> </ul>
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Not available.
Last Updated	February 2023

## Canterbury Court



Level of Care	Independent Living with Supportive Services
Address	3011 Gateby Place, Vernon BC V1T 9S4
Telephone	250.503.2054
Contact Name	Delene Demeter
Email	<a href="mailto:delene@canterburycourt.ca">delene@canterburycourt.ca</a>
Website	<a href="http://www.canterburycourt.ca">www.canterburycourt.ca</a>
Owned by	Marwest (Canterbury) Retirement Residence LP
# IHA Subsidized Units	0
# Private Pay Units	134 plus guest room
Cost	<p>Bachelor Suites     \$2,545</p> <p>1 Bedroom             \$2,995 - \$3,245</p> <p>2 Bedroom             \$3,565 - \$4,075 (for one occupant)</p> <p><i>Price varies depending on service package, size and location, single or double occupancy. \$595 for a second occupant and includes two meals per day.</i></p>
Pets	Small pets permitted
Smoking	Not permitted
Minimum Age	65+ with exceptions
Services Provided	<ul style="list-style-type: none"> <li>• Daily meals and snacks</li> <li>• Weekly housecleaning services and linen services</li> <li>• 24-hour concierge services</li> <li>• Recreation services led by a coordinator; complete social calendar</li> <li>• An advanced emergency monitoring system that connects residents to 24-hour emergency support from our on-site staff.</li> <li>• Support staff on site around the clock who are trained to handle emergencies as well as perform CPR and First Aid.</li> <li>• A secure building - only residents, their guests and our staff have access.</li> <li>• Shuttle Bus for shopping and appointments.</li> <li>• A full-time maintenance person</li> <li>• Monthly wellness clinics led by an LPN who will check your blood glucose, blood pressure, weight.</li> </ul>
Details	<p>Located within two blocks of all downtown Vernon services and amenities</p> <p>Personal care may be purchased privately</p>
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Yes: a few days, a week or a month.
Last Updated	December 2022

## Chartwell Carrington Place



Level of Care	Assisted and Independent Living								
Address	4651 – 23rd Street, Vernon BC V1T 4K7								
Telephone	250.545.5704								
Contact Name	Twyla Wygle								
Email	<a href="mailto:twygle@chartwell.com">twygle@chartwell.com</a>								
Website	<a href="http://www.chartwell.com">www.chartwell.com</a>								
Owned by	Chartwell Retirement Residences								
# IHA Subsidized Units	0								
# Private Pay Units	143 suites that are handicapped accessible								
Cost	<table border="0"> <thead> <tr> <th><b><u>Phase 1</u></b></th><th><b><u>Phase 2</u></b></th></tr> </thead> <tbody> <tr> <td>Studio Suites \$2,778</td><td>One Bedroom with Balcony \$3,888</td></tr> <tr> <td>Alcove Suites \$2,473</td><td>One Bedroom and Den \$4,283</td></tr> <tr> <td>One Bedroom Suite \$3,333</td><td>Two Bedroom /Two Bathrooms \$4,523</td></tr> </tbody> </table> <p>*All prices are starting prices and include cable TV and phone. All suites charge \$736 for second occupant</p>	<b><u>Phase 1</u></b>	<b><u>Phase 2</u></b>	Studio Suites \$2,778	One Bedroom with Balcony \$3,888	Alcove Suites \$2,473	One Bedroom and Den \$4,283	One Bedroom Suite \$3,333	Two Bedroom /Two Bathrooms \$4,523
<b><u>Phase 1</u></b>	<b><u>Phase 2</u></b>								
Studio Suites \$2,778	One Bedroom with Balcony \$3,888								
Alcove Suites \$2,473	One Bedroom and Den \$4,283								
One Bedroom Suite \$3,333	Two Bedroom /Two Bathrooms \$4,523								
Pets	Small pets with approval								
Smoking	Outside only at two designated smoking areas								
Minimum Age	Seniors, exceptions for younger individuals with special requirements								
Services Provided	<ul style="list-style-type: none"> <li>Continental breakfast and two homemade meals and snacks available daily</li> <li>Laundry facilities on each floor or personal laundry for a fee</li> <li>Shuttle bus available for appointments, shopping and outings</li> <li>On-site care aides and activities coordinator</li> <li>Crafts room, theatre, exercise room, tuck shop, games room and outdoor walking paths</li> <li>In-house hair salon/barber shop</li> <li>24-hour emergency response staff on site</li> <li>On site care aides and full-time nurse</li> <li>In suite kitchenette and balconies (Phase 2 only)</li> <li>Utilities and cable included (phone &amp; long distance now included)</li> <li>Individual controlled heat and air conditioning</li> </ul>								
Details	Located conveniently within walking distance to all amenities including a shopping mall, casino and doctors' offices								
SAFER Eligible?	Yes, depending on client eligibility								
Short-term stays?	yes								
Last Updated	February 2023								



## Coldstream Meadows



Level of Care	Independent Living	
Address	9100 Mackie Drive, Coldstream BC V1B 1G9	
Telephone	250.542.5661	
Contact Name	Tanya Lutsenko	
Email	<a href="mailto:manager@coldstreammeadows.com">manager@coldstreammeadows.com</a>	
Website	<a href="http://www.coldstreammeadows.com">www.coldstreammeadows.com</a>	
Owned by	Jack and Elaine Borden	
# IHA Subsidized Units	0	
# Private Pay Units	All	
Cost	<b>The Terraces</b> (total of 30 units arranged in 6-plexes) Studio      \$1,650 1 bedroom   \$2,200 2 bedroom   \$2,600	<b>The Views</b> (total of 33 luxury condos) 1 bedroom                      \$2,795 1 bedroom with den           \$3,295 2 bedroom                      \$3,295  <b>The Cottages</b> (duplexes) 2 bedroom plus den           \$3,295  All have full kitchens. Meal package optional.
Pets	One pet per suite permitted at the Terraces, Cottages and Views	
Smoking	Permitted in outside designated area only	
Minimum Age	55+	
Services Provided	<ul style="list-style-type: none"> <li>• Meal packages and housekeeping available</li> <li>• 24-hour security; on-site caretaker</li> <li>• Elevator</li> <li>• Shuttle bus / courtesy van / organized group activities</li> <li>• On-site resident services</li> <li>• Coffee time and on-site activities</li> <li>• Library, hair salon and exercise room/Gym</li> </ul>	
Details	23 acres park like surroundings, paved, walking trails, and chapel	
SAFER Eligible?	Yes, depending on client eligibility	
Short-term stays?	Not available	
Last Updated	January 2023	

# Columbus Court



57 units subsidized by



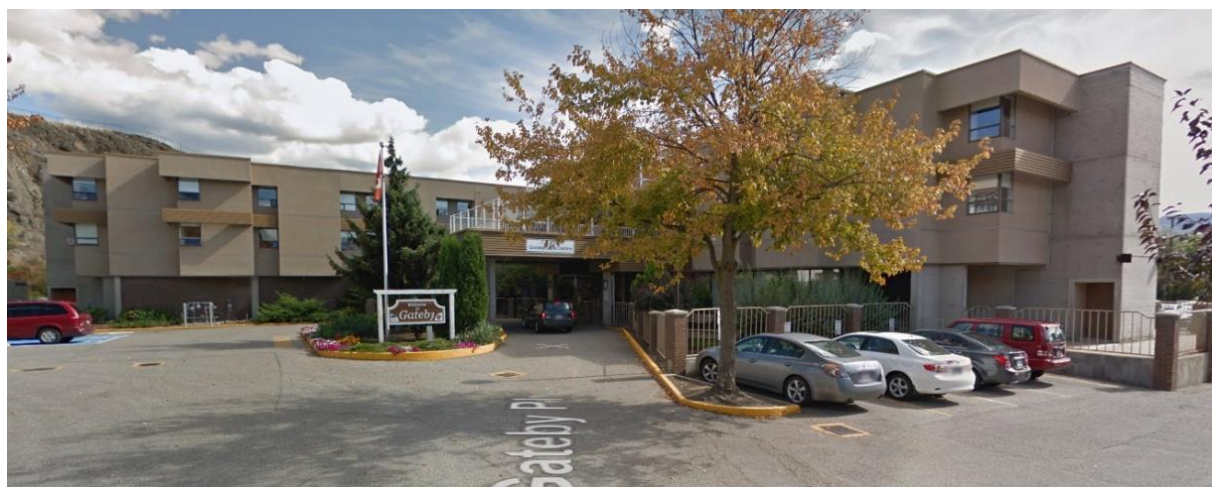
Level of Care	Independent Living with Supportive Services
Address	3003 Gateby Place, Vernon BC V1T 9H5
Telephone	250.545.5388
Contact Name	Administration Manager
Email	<a href="mailto:ocpcs@telus.net">ocpcs@telus.net</a>
Website	<a href="http://www.bchousing.org">www.bchousing.org</a>
Owned by	BC Housing
Managed by	Okanagan Commemorative Pioneer Cultural Society (OCPCS)
# Subsidized Units	57 units are subsidized through BC Housing (36 in CCI plus 21 in CCII)
# Private Pay Units	14 units are available at market rates
Cost	<p>Columbus Court comprises Columbus Court I and Columbus Court II. The majority of units at Columbus Court are filled with applicants from the BC Housing Registry. Phone 1.800.257.7756 or visit <a href="http://www.bchousing.org">www.bchousing.org</a> to get a Housing Registry application. NexusBC can help you fill it out.</p> <p><i>Columbus Court I:</i> Built in 1992, Columbus Court I has 36 one-bedroom units (4 are wheelchair accessible). Tenants may opt for meals and activities at an additional cost. Apartments are about 600 sq. ft. and have a fridge and stove. All vacancies in Columbus Court I are filled from the BC Housing Registry.</p> <p><i>Columbus Court II:</i> Built in 2002, Columbus Court II has 32 one-bedroom units and 3 two-bedroom units. 21 of these units are filled with applicants on the BC Housing Registry; the rest are rented at market rates as follows:</p> <ul style="list-style-type: none"> <li>• Single occupancy one-bedroom units start at \$1,950</li> <li>• Double occupancy one-bedroom units start at \$2,615</li> <li>• Double occupancy two-bedroom units start at \$3,025</li> </ul> <p>Fees include continental breakfast, a 3-course meal at noon and soup and bun for dinner, weekly housekeeping and activities. Each unit is approx. 650 sq ft and has its own fridge, stove and laundry facilities.</p> <p><i>Columbus Court is not a care facility and as such does not provide care other than meals and housekeeping. All required care is the responsibility of the tenant. Tenants are required to provide evidence of liability insurance.</i></p>
Pets	No dogs, rodents, snakes. Cats may be permitted at management discretion.
Smoking	Not permitted
Minimum Age	Columbus Court I – none; Columbus Court II – 65+
SAFER Eligible?	Yes, for the market rate rental units depending on client eligibility.
Short-term stays?	Not available
Last Updated	February 2023

## Creekside Landing



Level of Care	Independent Living, Assisted Living and Long Term Care	
Address	6190 Okanagan Landing Road, Vernon BC V1H 1M3	
Telephone	250.549.9550	
Contact Names	Independent and Assisted Living: Susan Sampson, ext 103; Long Term Care: Tara-lee Calhoun, ext 101	
Email	<a href="mailto:Susan.Sampson@kaigo.ca">Susan.Sampson@kaigo.ca</a> ; <a href="mailto:Tara-lee.calhoun@kaigo.ca">Tara-lee.calhoun@kaigo.ca</a>	
Website	<a href="http://www.kaigo.ca/our-communities/creekside-landing/">http://www.kaigo.ca/our-communities/creekside-landing/</a>	
Owned by	Kaigo Retirement Communities Ltd.	
# IHA Subsidized Units	70 Complex Care 38 Assisted Living	To find out if you are eligible for a subsidized unit, phone Vernon Community Care at 1.800.707.8550 (new clients) or 250.541.2200 (existing clients).
# Private Pay Units	38 Independent (29 one-bedrooms and 2 two-bedrooms)	
Configurations: (Call for up-to-date pricing)	Independent Living 1 bedroom 2 bedroom Additional occupant fee applies	Assisted Living Studio suites One bedroom Two bedroom Additional occupant fee applies
Pets	Not permitted	
Smoking	Not permitted	
Minimum Age	55	
Services Provided	<p><b>Complex Care</b> 24-hour nursing care. Activity coordinator for each of the three homes. Private rooms with single bed, wardrobe, dresser and nightstand. Amenities include library, fireside lounge, activity room, exercise room, chapel, bistro, tuck shop, hair salon, secure outdoor patios and walkways.</p> <p><b>Assisted Living</b> Air-conditioned suites with kitchenette, living area, bedroom, bathroom. Tenant package includes 2 meals plus continental breakfast and snacks, weekly housekeeping, on-site hairdresser, leisure and recreation programs, assistance with activities of daily living, medical reminders and supervision, 24-hour on-site tenant helpers, chapel, crafts room, wellness center and TV lounge, house phone.</p> <p><b>Independent Living</b> Amenities include walkout private patios or balconies, 3 meals a day, bi weekly housekeeping, 24-hour emergency call pendant</p>	
SAFER Eligible?	Yes, for private pay suites, depending on client eligibility	
Short-term stays?	Not available	
Last Updated	February 2023	

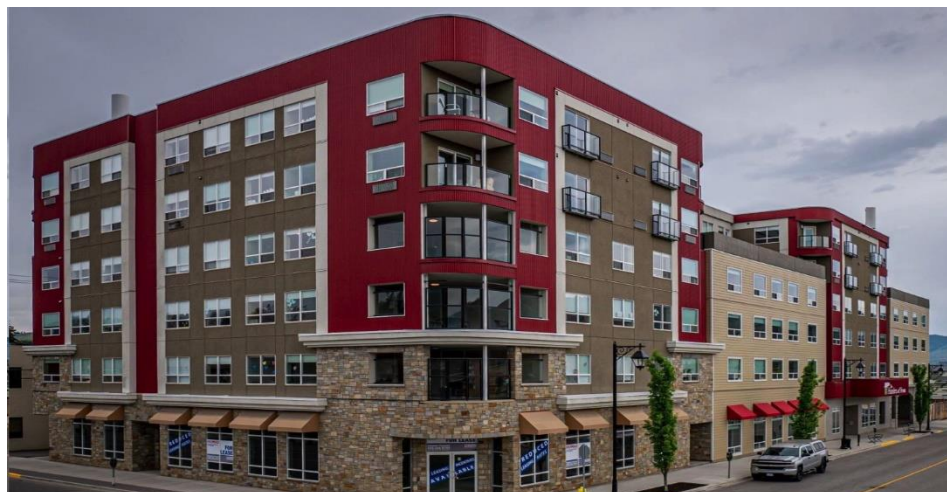
## Gateby Care Facility



Level of Care	Long Term Care
Address	3000 Gateby Place, Vernon BC V1T 8V8
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.interiorhealth.ca">www.interiorhealth.ca</a>
Operated by	Interior Health
Type of Accommodation	Private rooms. Each floor has 37-38 beds for total of 75 beds. Each floor is divided into three neighborhoods of 12-13 beds each for a total of 75 private rooms. Each of the three neighborhoods on the dementia unit has separate kitchen and dining area. On the 3rd floor, all residents share a main dining area.
Cost	Monthly rate is up to 80% of the client's after-tax income, with minimum and maximum rates set by the Ministry of Health Services.
Pets	Currently, 1 fish tank. St Johns Pet therapy program supported and resident's family pets are welcomed to visit.
Smoking	Not permitted
Last Updated	February 2023



## The Hamlets at Vernon



Level of Care	Assisted Living and Long Term Care	
Address	3050 29th Avenue, Vernon BC V1T 6J7	
Telephone	236.426.1488	
Contact Name	Kim Magarvey	
Email	vernon@optimaliving.ca	
Website	www.thehamletsatvernon.ca	
Owned by	Optima Living	
# IHA funded Units	85 complex care beds	
# Private Pay Units	18 private care suites	
Units and Cost	Assisted living Studio suites (some with dens) One-bedroom suites One-bedroom with den Two-bedroom suites	Starting at \$2600/mo. Please call for current prices.
	Assisted living lifestyle packages available. Call for pricing. Complex care suites with 24 hr nursing care are \$7,000 per month.	
Pets	Small cats/dogs possible	
Smoking	Not permitted	
Minimum Age	Not specified	
Services Provided	<ul style="list-style-type: none"> <li>• Peace of mind with on-site staff 24 hours</li> <li>• Emergency call system</li> <li>• Planned activities/events</li> <li>• Regular laundry and housekeeping services</li> <li>• Home cooked meals and snacks</li> <li>• Underground parking</li> <li>• Residence owned bus with scheduled transportation</li> <li>• On-site hair salon and wellness services</li> <li>• Wheelchair accessible</li> <li>• Assisted living and residential care services available</li> <li>• Well-appointed suites in both long-term care and assisted living</li> </ul>	
SAFER Eligible?	Yes, for private pay units only, and depending on client eligibility	
Short-term stays?	Yes, respite and trial stay	
Last Updated	February 2023	

## Hearthstone Manor



Level of Care	Long Term Care
Address	2800 - 40th Street, Vernon BC V1T 6J7
Telephone	250.545.6636
Contact	Amanda McCarthy, Manager
Email	<a href="mailto:mainoffice@hearthstonemanor.ca">mainoffice@hearthstonemanor.ca</a>
Website	<a href="http://www.hearthstonevernon.com">www.hearthstonevernon.com</a>
Owned by	Sarah and Gagan Suri
# IHA Subsidized Units	0
# Private Pay Units	16 bedrooms
Cost	Starting at \$7,500 per month
Pets	Not permitted
Smoking	Not permitted
Minimum Age	Not specified
Services Provided	<ul style="list-style-type: none"> <li>• In-house cooked fresh meals, 3 plus unlimited snacks</li> <li>• Full-time Recreation Director on site for daily activities</li> <li>• Daily medication administration</li> <li>• 24-hour licensed nursing staff/on duty assisted by care aides and msw staff</li> <li>• Assistance with all aspects of daily living</li> <li>• On site salon for hair and manicure/pedicure services</li> <li>• Regular housekeeping and laundry services</li> </ul>
Details	Licensed Private Care Facility Advanced and intermediate care Wonderful, caring staff High staff to resident ratio care
SAFER Eligible?	No. Seniors residing in a private long-term care facility are not eligible for the SAFER subsidy.
Short-term stays?	Yes. If you are recovering from surgery or illness or if your caregiver needs a vacation, you can stay as long as you want and enjoy full services and activities that long-term residents enjoy. Minimum stay is 14 days.
Last Updated	December 2022

## Heritage Square



Level of Care	Assisted Living and Long Term Care	
Address	3904 – 27th Street, Vernon, BC V1T 4X7	
Telephone	250.545.2060	
Contact Name	Assisted Living: Susan Sampson: 250 545-2060 ext. 103 Long Term Care: Tara-Lee Calhoun: 250 545-2060 ext. 101	
Email	<a href="mailto:Susan.sampson@kaigo.ca">Susan.sampson@kaigo.ca</a> ; <a href="mailto:tara-lee.calhoun@kaigo.ca">tara-lee.calhoun@kaigo.ca</a>	
Website	<a href="https://www.kaigo.ca/heritage-square">https://www.kaigo.ca/heritage-square</a>	
Owned by	Kaigo Retirement Communities Ltd.	
# IHA Subsidized Units	25 Assisted Living Suites 50 Complex Beds	To find out if you are eligible for a subsidized unit, phone Vernon Community Care at 1.800.707.8550 (new clients) or 250.541.2200 (existing clients).
# Private Pay Units	2	
Cost	Call for current pricing	
Smoking	No	
Minimum Age	Adult	
Services Provided	<ul style="list-style-type: none"> <li>• Common dining area for 2 meals plus continental breakfast and daily snack</li> <li>• Weekly housekeeping</li> <li>• Activity room and TV Lounge</li> <li>• Tuck-shop</li> <li>• Leisure and recreation programs</li> <li>• Assistance with activities of daily living</li> <li>• Medical reminders and supervision</li> <li>• 24 hour on site care staff</li> <li>• Chapel</li> <li>• On site hairdresser</li> </ul>	
SAFER Eligible?	Yes, for private pay suites, depending on client eligibility	
Short-term stays?	Not available	
Last Updated	February 2023	

## Heron Grove



Level of Care	Independent (Life Lease), Assisted Living and Long Term Care	
Address	4904 20 Street, Vernon BC V1T 9W3	
Telephone	250.542.6101	
Contact Name	Katherina Tate, Site Manager	
Email	<a href="mailto:ktate@gss.org">ktate@gss.org</a>	
Website	<a href="https://www.gss.org/locations/british-columbia/vernon/">https://www.gss.org/locations/british-columbia/vernon/</a>	
Owned by	Good Samaritan Society	
# IHA Subsidized Units	38 Assisted Living Suites; 4 - 12-Bed Complex Care Cottages for dementia; 2 - 14-Bed Long Term Care Cottages	To find out if you are eligible for a subsidized unit, phone Vernon Community Care at 1.800.707.8550 (new clients) or 250.541.2200 (existing clients).
# Private Pay Units	2 Assisted Living Suites; 16 Independent/Life-Lease Apartments	
Cost	Cost for Interior Health-funded suites is 70% (assisted living) and 80% (long term care) of net income to a specified maximum. Private pay costing can be obtained by contacting the site.	
Pets	Not permitted	
Smoking	Not permitted (designated site on property)	
Minimum Age	Not specified; life-lease is 55+	
Services Provided	<p><b>Life Lease Apartments</b> - Offering 16 fully independent living apartments available to seniors 55+ without community health assessment requirement. Apartments range in size from a 1 bedroom, 1 bedroom plus den and a 2 bedroom. Each has its own cooking facilities, a spacious 3-piece bathroom, ample storage, and large bright windows. Optional services include meals, recreation and parking.</p> <p><b>Assisted Living:</b> Private one-bedroom suites. Each suite has a separate bedroom with an open plan living room, kitchen and bathroom with a shower. Residents receive lunch, dinner and 2 snacks daily and the option of purchasing breakfast. Included in the care is weekly housekeeping and linen service, and 24hr emergency call system, access to recreational activities, pastoral care and themed events. Optional services include personal laundry service, breakfast \$2979+</p> <p><b>Long Term Care:</b> Independent cottages that are designed to create a home like setting for residents. Cottages have secured access with either 12 or 14 private bedrooms. Each bedroom has a private bathroom with shower attached. There is a central kitchen that meals are served from, a communal dining room, living room and activity room. Each cottage has a fenced courtyard giving residents the opportunity to get outside on a daily basis. Heron Grove has a recreation team that provides both individualized and group activities for residents.</p>	
SAFER Eligible?	No	
Short-term stays?	Yes, subject to availability	
Last Updated	December 2022	



## Noric House



Level of Care	Long Term Care
Address	1400 Mission Road, Vernon BC V1T 9C3
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.interiorhealth.ca">www.interiorhealth.ca</a>
Operated by	Interior Health
Type of Accommodation	<p>83 Long-term Care beds and 2 Respite beds</p> <p>Single-bed accommodation.</p> <p>Ensuite bathroom (toilet/sink) in all rooms.</p> <p>Large dining room for meals.</p> <p>Fenced patios for resident use.</p> <p>Four communities of 19-22 residents each.</p>
Cost	Monthly rate is up to 80% of the client's after tax income, with minimum and maximum rates set by the Ministry of Health Services.
Pets	Facility pets include birds, fish and a cat. Visiting pets encouraged.
Smoking	No smoking/vaping permitted.
Last Updated	February 2023

## Orchard Valley Retirement Residence



Level of Care	Independent Living with Supportive Services
Address	2829 - 34th Street, Vernon BC V1T 9G4
Telephone	250.545.0455
Contact Name	Leighton Byfield, General Manager
Email	<a href="mailto:Leighton.byfield@siennaliving.ca">Leighton.byfield@siennaliving.ca</a>
Website	<a href="http://www.orchardvalleyretirement.ca">www.orchardvalleyretirement.ca</a>
Owned by	Sabra Health Care Reit, Inc.
Managed by	Sienna Senior Living
# Private Pay Units	66
Cost	22 - Bachelor Suites, 25 – One Bedroom, 19 Two Bedrooms <i>Please call for current pricing.</i>
Pets	Small pets permitted
Smoking	Permitted in designated outdoor area
Minimum Age	65+
Services Provided	<ul style="list-style-type: none"> <li>• One meal (dinner) and snacks</li> <li>• Kitchenettes in all suites</li> <li>• Continental breakfast 5 days a week, Full Breakfast 2 days a week</li> <li>• Al la Carte Dining (Dinner)</li> <li>• Housekeeping; full laundry service upon request</li> <li>• Linen changed; towels and bedding washed weekly</li> <li>• Telus Cable television and in-room Free WiFi</li> <li>• Utilities (except phone)</li> <li>• Security / 24 hour emergency response service</li> <li>• Elevator; Wheelchair-friendly</li> <li>• Transportation – Shuttle service</li> <li>• Inside secure parking; Scooter parking with power available</li> <li>• Environmental Service Manager – 5 days weekly</li> <li>• Recreational activities, health and wellness programs, outings, day trips and theme parties; crafts and games room, Bistro, fireplace lounge, in-house theater, library, pool table</li> </ul>
Details	Conveniently located in downtown Vernon; easy access to bus route, clinics, pharmacies and banks
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Respite or Short Term available by request
Last Updated	February 2023

## Polson Residential Care



Level of Care	Long Term Care
Address	2101 - 32nd Street, Vernon BC V1T 5L2
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.interiorhealth.ca">www.interiorhealth.ca</a>
Operated by	Interior Health
Type of Accommodation	<p>97 long-term care beds.</p> <p>Single, double and four bed accommodation.</p> <p>Ensuite bathroom (toilet/sink) in all rooms.</p> <p>Large dining room for meals.</p> <p>Fenced patios for resident use.</p> <p>Two units providing care for a total of 97 residents.</p>
Cost	Monthly rate is up to 80% of the client's after-tax income, with minimum and maximum rates set by the Ministry of Health Services.
Pets	Facility pets include birds, fish and cats. Visiting pets encouraged.
Smoking	No smoking permitted.
Last Updated	February 2023

## Regency Parkwood Retirement Resort



Level of Care	Independent Living
Address	1800 58th Avenue, Vernon BC V1B 0B2
Telephone	250.558.0232
Email	<a href="mailto:prmarketing@regencyresorts.ca">prmarketing@regencyresorts.ca</a>
Lifestyle Consultant	Marcy Kennedy
Website	<a href="http://www.regencyresorts.ca/parkwood-retirement-resort/">http://www.regencyresorts.ca/parkwood-retirement-resort/</a>
Owned by	Cogir Real Estate
Managed by	Regency Resorts, Christina Murry, General Manager
# IHA Subsidized Units	0
# Private Pay Units	150
Cost	<p>One bedroom starts at \$3,800</p> <p>One bedroom and den start at \$3,695</p> <p>Two bedrooms start at \$4,395</p> <p>\$600/mo for 2<sup>nd</sup> occupant</p> <p>Some breakfasts and lunches available. All evening meals included.</p> <p>Upon move-in, receive 3 months of all meals for free.</p>
Smoking	Not permitted
Pets	Small pets permitted with approval
Minimum Age	Not applicable
Services Provided	<ul style="list-style-type: none"> <li>• Monthly fee includes all utilities (except telephone, cable and internet)</li> <li>• Breakfasts and Lunches available as an option</li> <li>• Bi-weekly linen and towel service and bi-weekly housekeeping service</li> <li>• Scheduled transportation and 24-hour security monitoring system</li> <li>• Workshop, winemaking room, chapel, country kitchen, sports lounge, tuck shop, exercise room, personal spa, theater, hair salon, library, computer work centres, putting green and bocce court.</li> </ul>
Details	Close to shops, churches and city transportation
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Please contact for further details. No Respite or supports.
Last Updated	February 2023



## Silver Springs Retirement Residence



Level of Care	Independent Living with Supportive Services	
Address	3309 - 39th Avenue, Vernon BC V1T 3E2	
Telephone	250.545.3351	
Contact Name	Rhonda Keane, General Manager	
Email	<a href="mailto:gm@silverspringsvernon.ca">gm@silverspringsvernon.ca</a>	
Website	<a href="http://www.silverspringsvernon.ca">www.silverspringsvernon.ca</a>	
Owned by	Vancouver Resource Society	
# IHA Subsidized Units	0	
# Private Pay Units	121	
Cost	96 - Studios Starting at \$1,800 24 - One bedroom 1 - Two bedroom	
Pets	Not permitted	
Smoking	Outside only in designated area	
Minimum Age	55+	
Services Provided	<ul style="list-style-type: none"> <li>• Three meals and scheduled coffee breaks</li> <li>• Weekly housekeeping</li> <li>• Linen change with laundry for towels and bedding</li> <li>• Full laundry service upon request for a fee</li> <li>• Cable television</li> <li>• Utilities (except phone)</li> <li>• Security; Emergency Call System; 24hr staffing</li> <li>• Elevator</li> <li>• Near bus route</li> <li>• Shuttle bus / Courtesy van</li> <li>• Recreation coordinator scheduled leisure activities</li> <li>• Hair salon, barber shop, footcare nurse</li> </ul>	
Details	<ul style="list-style-type: none"> <li>• Located across from the Vernon Recreation Complex, Halina Seniors Centre, the Vernon Curling Club and the Performing Arts Centre</li> <li>• Most of the new units have been designed for the disabled.</li> </ul>	
SAFER Eligible?	Yes, depending on client eligibility	
Short-term stays?	Yes, if available, on a monthly basis	
Last Updated	December 2022	

## Vernon Restholm



Level of Care	Independent Living with Supportive Services	
Address	2808 - 35th Street, Vernon BC V1T 6B5	
Telephone	250.542.7636	
Contact Name	Mark Nahirny, General Manager	
Email	VernonRestholm@gmail.com	
Website	<a href="http://www.vernonrestholm.com">www.vernonrestholm.com</a>	
Owned by	Vernon Restholm Association	
# IHA Subsidized Units	0	
# Private Pay Units	49	
Cost	42 - Bachelor Suites      \$1,695 3 - Large Bachelor Units      \$1,795 One bedroom, 1 person      \$1,895 One bedroom, 2 people      \$2,295	
Pets	Not permitted	
Smoking	Outside only	
Minimum Age	55+	
Services Provided	<ul style="list-style-type: none"> <li>• Three meals and unlimited snacks</li> <li>• Bi-weekly room cleaning and linen changes</li> <li>• Laundry service available for additional fee</li> <li>• Cable television; utilities (except phone)</li> <li>• On-site caretaker</li> <li>• Recreational activities and transportation</li> <li>• Personal care available for an additional fee</li> <li>• Separate bathroom (sink and toilet); shared bathing and sit-down shower</li> </ul>	
Details	<ul style="list-style-type: none"> <li>• Facility intended for seniors in physical and mental health that allows them to provide for their own day-to-day personal needs. Individuals are expected to manage their own medications and be independently mobile.</li> <li>• Community Care Health Services support is available for assistance with medication management and assistance with personal care. Fee for service</li> <li>• Full recreational programs such as exercises, shuffleboard, bowling, picnics, musical entertainment and church services. Resident Services Coordinator on staff.</li> <li>• Near bus route</li> <li>• Vernon Restholm has a Bed &amp; Breakfast suite for visiting family or friends.</li> </ul>	
SAFER Eligible?	Yes, depending on client eligibility	
Short-term stays?	Not available.	
Last Updated	April 2023	

## The Victorian



Level of Care	Independent Living with Supportive Services
Address	3306 - 22nd Street, Vernon BC V1T 4H8
Telephone	250.545.0470
Contact Name	Tracy Lambeth-Scott
Email	<a href="mailto:tll@telus.net">tll@telus.net</a>
Website	<a href="http://www.victorianvernon.com">www.victorianvernon.com</a>
Owned by	Tracy Lambeth-Scott
# IHA Subsidized Units	0
# Private Pay Units	22
Cost	Call for updated pricing. Units available are bachelor, one or two bedroom
Pets	Permitted with approval
Smoking	Not permitted
Minimum Age	No age limit
Services Provided	<ul style="list-style-type: none"> <li>• Three full meals and unlimited snacks daily</li> <li>• Bi-Weekly housekeeping; linen change</li> <li>• Heavy laundry with bed change (free laundry on every floor)</li> <li>• Cable television; Utilities (except phone)</li> <li>• Elevator or lift</li> <li>• Shuttle bus / Courtesy van</li> <li>• Covered parking</li> <li>• Outdoor gardens</li> </ul>
Details	Located in lower East Hill residential area; near bus route
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Not available
Last Updated	February 2023

# Private Seniors Housing In Vernon

## Charie's Care Home



Level Of Care	Up to total care 24/7 including dementia
Care Providers	Charie and Bill Blair
Address	3511 41 Avenue Vernon, BC
Telephone	250.307.4635 or 250.260.0133
Email	<a href="mailto:charie2164@yahoo.com.ph">charie2164@yahoo.com.ph</a>
Cost	Starting at \$3,000-\$3,500; rates may be assessed and can vary over time in order to reflect the degree of personal care assistance needed. Respite cost negotiable.
Pets	Not permitted
Smoking	Not permitted
Minimum Age	Not specified
Services Provided	Three meals and snacks per day, all housekeeping and laundry service, cable, utilities, shared home phone. Manual bell, 24-hour supervision, bedroom cameras – surveillance monitor upstairs in care provider's personal area of home.
Accessibility	Level entry – all services provided on that level; room for use of walker or wheelchair. Bathroom - grab bars and shower chair; toilet frame. Mechanical lift provided.
Details	Family oriented care home; families encouraged to visit.
SAFER Eligible?	Yes, dependent on client eligibility
Short-term stays?	Yes
Last Updated	February 2023



## Cydie's Care Home



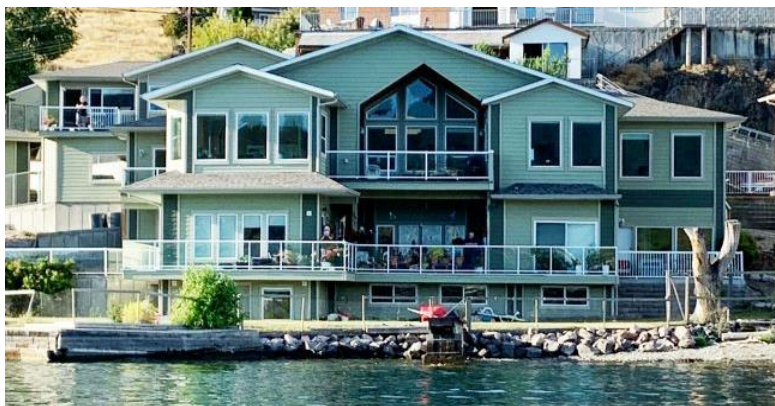
Level Of Care	Up to total care 24/7; dementia considered depending on severity of disease
Care Providers	Mariten Virgo and Wilfredo Abas
Address	3404 18 Avenue, Vernon BC
Telephone	250.863.5541 or 250.503.5175
Email	<a href="mailto:lava_virgo@yahoo.com">lava_virgo@yahoo.com</a>
Cost	Starting at \$3500 per month; rates may be assessed and can vary over time in order to reflect the degree of personal care assistance needed
Pets	Not permitted
Smoking	Not permitted
Minimum Age	70+
Services Provided	Three meals and snacks, all housekeeping and laundry service. Care provider on site 24 hours.
Accessibility	Wheel chair ramp or stairs; room for use of walker or wheel chair; chair in tub shower; grab bars in shower and at toilet; bedrooms can accommodate floor to ceiling poles.
Details	Families encouraged to visit
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Yes
Last Updated	<a href="#">February 2023</a>

## Dennis and Myrna's Care Home



Level Of Care	Independent Living with Supportive Services
Care Providers	Dennis or Myrna Frick; daughters Mara and Mira
Address	1100 Windsor Place, Vernon, BC
Telephone	250.545.2540   Cell: 250.308.7109
Email	Can be made available to client's family for communication
Cost	Starting at \$3,200 per month; rates may be assessed and can vary over time in order to reflect the degree of personal care assistance needed. negotiable
Capacity	6 beds available
Pets	Not permitted
Smoking	Outside only
Minimum Age	Not specified
Services Provided	Three meals per day plus snacks, all housekeeping and laundry service, cable, utilities, shared home phone. Care providers on site 24 hrs.
Accessibility	2 steps – no ramp; 13 stairs to bedroom. Room for use of walker or wheel chair, grab bars bathroom, raised toilet seat, shower chair, floor to ceiling pole in bathroom.
Details	Families encouraged to visit
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Yes, respite cost negotiable
Last Updated	December 2022

## Ridia's Retreat



Level Of Care	Up to total care 24/7; dementia (depending on severity of disease), short term stays, respite and hospice.
Care Providers	Corrie Wiens LPN (Licensed Practical Nurse), EOLD (End of Life Doula)
Address	7436 Old Stamp Mill Road, Vernon BC
Telephone	250.938.0745
Email	ridias.retreat@gmail.com
Cost	Please call for pricing (depends on level of care)
Pets	Not permitted
Smoking	Not permitted
Minimum Age	Not specified
Services Provided	<ul style="list-style-type: none"> <li>• Private Rooms for each resident, shared living space</li> <li>• TV/Internet/landline phone, laundry &amp; housekeeping</li> <li>• Three meals per day (plus snacks &amp; fluids)</li> <li>• Daily personal care</li> <li>• 24 hr access to nurse &amp; care aide</li> <li>• Overnight in-room supervision (if required)</li> <li>• Medication administration (if required)</li> <li>• Access to social worker, RN and house physician (if required)</li> <li>• Case management: we can coordinate care and needs with physician, pharmacy, PT/OT, Interior Health Community Care Team, etc.</li> <li>• End of life care in-home</li> <li>• Facilitate contact and visits with friends and family</li> <li>• Facilitation of physician appointments, hospital visits, dentist, etc.</li> </ul>
Accessibility	Rooms are adaptable as needed. Ground level living space (no stairs). Room for use of walker or wheelchair. Walk-in shower with seat, mechanical bath chair in tub, raised toilet seats, grab bars, ceiling poles, bed rails, lift recliner chairs.
Details	Ridia's Retreat is a small, residential care home located near Kin Beach in Vernon. It has a warm, family-home environment. We facilitate one-on-one interactions, activities & outings with our small group of residents and eat most meals together at our kitchen table, always trying to provide a true family feeling for residents, in their new home away from home. We encourage families to visit as often as they like.
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Yes
Last Updated	February 2023

## Sharon's Place



Level Of Care	Supported Living
Care Providers	Sharon Woods
Address	6125 Silver Star Road, Vernon BC
Telephone	250.545.3367 or 250.550.4597
Email	<a href="mailto:swoods23@shaw.ca">swoods23@shaw.ca</a>
Cost	Starting at \$1500.00 per month; rates may be assessed and can vary over time in order to reflect the degree of personal care assistance needed
Pets	Small pets considered
Smoking	Outside only
Minimum Age	55+ but flexible
Services Provided	Three meals and snacks per day, all housekeeping, laundry service once per week, cable, utilities, shared home phone. Reminder with medications.
Accessibility	6 one-bedroom units. Level entry. Room for use of walker or wheelchair. Bathroom - grab bars and floor to ceiling poles. Separate bathroom for two of the rooms; four rooms share two bathrooms.
Details	Families encouraged to visit. Not near bus route. Country setting.
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	Yes, respite cost negotiable
Last Updated	<a href="#">February 2022</a>



## Yolanda's Care Home



Level Of Care	Up to total care 24/7 including dementia
Care Providers	Yolanda Hunt
Address	37-100 Kalamalka Lake Road, Vernon BC
Telephone	250.549.4757
Email	huntyolanda@yahoo.ca
Cost	\$115 per day; rates may be assessed and can vary over time in order to reflect the degree of personal care assistance needed.
Pets	Negotiable
Smoking	Not permitted
Minimum Age	Not specified
Services Provided	Three meals and snacks per day, all housekeeping and laundry service, cable, utilities, shared home phone
Accessibility	Ramp and/or four stairs. Room for use of walker or wheelchair; bathroom- floor to ceiling poles; grab bars in bathrooms, walk in showers, wheel chair commode chair used for showers. Bedrooms: floor to ceiling poles, hospital beds.
Details	Families encouraged to visit
SAFER Eligible?	Yes, dependent on client eligibility
Short-term stays?	Yes, respite cost negotiable.
Last Updated	March 2023

## Seniors Housing in Armstrong

### Abbeyfield House



Level of Care	Independent Living with Supportive Services
Address	3725 Wood Avenue, Armstrong, BC V0E 1B4
Telephone	250.546.0223
Email	<a href="mailto:rubinw@telus.net">rubinw@telus.net</a>
Contact Name	Ashley Romanchuk (House Coordinator)
Website	<a href="http://www.abbeyfield.ca">www.abbeyfield.ca</a>
Owned by	Abbeyfield House of Armstrong Spallumcheen Society
# IHA Subsidized Units	0
# Private Pay Units	10 (all one level)
Cost	\$1,325 per month for single room with bathroom
Pets	Negotiable
Smoking	Not permitted
Minimum Age	65+
Services Provided	<ul style="list-style-type: none"> <li>• Two cooked meals: lunch and dinner</li> <li>• breakfast foods available for residents to help themselves</li> <li>• Cable and satellite television</li> <li>• Utilities (except phone)</li> <li>• Washer dryer available</li> <li>• Housekeeper available for a fee</li> <li>• House coordinator lives upstairs</li> </ul>
Details	Accommodation in a supportive house is only suitable for those who are mentally alert, can manage daily living tasks and can function socially. Residents are responsible for all their own personal care, laundry, etc.
SAFER Eligible?	Yes, depending on client eligibility
Short-term stays?	No
Last Updated	<a href="#">February 2023</a>

## Heaton Place Retirement Residence



Level of Care	Independent Living with supportive services	
Address	3093 Wright Street, Armstrong BC	
Telephone	250.546.3353 or 1.877.546.3353	
Contact Name	Carrie O'Neill Resident Relations Coordinator	
Email	<a href="mailto:rrc@heatonplace.com">rrc@heatonplace.com</a>	
Website	<a href="http://www.heatonplace.com">www.heatonplace.com</a>	
Owned by	Caretenders Retirement Living	
# IHA Subsidized Units	0	
# Private Pay Units	76 suites with full kitchens	
Cost	One Bedroom (685 sq ft) – starting at \$3,050 Two Bedroom – (1046 sq ft) - starting at \$4,050 Extra Occupant – \$550.00/\$700.00 Call for current prices as they may change.	All services included
Pets	Please contact (suites available)	
Smoking	Not permitted	
Minimum Age	55+	
Services Provided	<ul style="list-style-type: none"> <li>• In-house doctor</li> <li>• All meals</li> <li>• Weekly housekeeping</li> <li>• 24-hour staffing/24-hour electronic monitoring</li> <li>• Telephone, Cable TV, Unsecured WI-Fi</li> <li>• Beautiful courtyard</li> <li>• Social and recreational programming</li> <li>• Shuttle transportation</li> <li>• Geothermal heating &amp; AC</li> </ul>	
Details	Heaton Place is nestled in the beautiful Spallumcheen Valley. We are a small farming community with wonderful local shops close by to enjoy! Come and thrive with us at Heaton Place, where you will be pampered and enjoy our beautiful fully contained suites!	
SAFER Eligible?	Yes, depending on client eligibility	
Short-term stays?	Please contact	
Last Updated	February 2023	

## Pioneer Square



Level of Care	Assisted Living
Address	2865 Willowdale Drive, Armstrong BC V0E 1B1
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.kaigo.ca">www.kaigo.ca</a>
Operated by	Kaigo Retirement Communities Ltd.
Type of Accommodation	16 one-bedroom suites and 4 studio suites with mini fridge and microwave and walk in shower. All suites are government subsidized.
Cost	The monthly charge for publicly subsidized Assisted Living is based on income. Residents pay 70% of their monthly after-tax income, up to a maximum amount. Persons receiving disability benefits from the Ministry of Housing and Social Development pay a fixed rate. This charge is paid monthly to the Assisted Living Operator along with a small monthly BC Hydro surcharge.
Pets	Visiting pets are welcome. Tenant pets are permitted following completion of a negotiated risk agreement.
Smoking	The building is non-smoking. Designated outside smoking area.
Last Updated	February 2023



## Pleasant Valley Manor



Level of Care	Long Term Care
Address	3800 Patten Drive, Armstrong BC V0E 1B2
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.interiorhealth.ca">www.interiorhealth.ca</a>
Operated by	Interior Health
Type of Accommodation	<p>81 residential beds complex care beds.</p> <p>Private rooms: two units have 12 residents each; two units have 9 residents each. One large unit accommodates 40 residents.</p> <p>One respite bed.</p> <p>All rooms are furnished with a bed, bedside table, dresser and chair.</p> <p>All rooms have cable and phone lines (resident's responsibility for activation of services and monthly bill).</p>
Cost	Monthly rate is up to 80 per cent of client's after-tax income, with minimum and maximum rates set by the Ministry of Health Services.
Pets	Pets reside at facility. Currently they have 4 cats, fish tanks and birds. St Johns Pet therapy program supported. Personal permanent pet companions restricted. Family pet visits welcome.
Smoking	No smoking permitted.
Last Updated	February 2023

## Seniors Housing in Enderby

### Parkview Place



Level of Care	Long Term Care
Address	707 3 <sup>rd</sup> Avenue, Enderby BC V0E 1V0
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.interiorhealth.ca">www.interiorhealth.ca</a>
Operated by	Interior Health
Type of Accommodation	<p>30 Residential Complex Care beds, 1 Palliative bed.</p> <p>Each room is furnished with a bed &amp; mattress, wardrobe, dresser &amp; bedside table. Each room has a telephone &amp; cablevision hookup that the resident is responsible for initiating &amp; paying.</p>
Cost	Monthly rate is up to 80 per cent of client's after-tax income, with minimum and maximum rates set by the Ministry of Health Services.
Pets	The facility has a cat, several birds, & an aquarium who live in the house. Personal permanent pet companions restricted. Pet visits are welcome.
Smoking	No smoking permitted.
Last Updated	February 2023

## Seniors Housing in Lumby

### Monashee Mews



Level of Care	Long Term Care
Address	2165 Norris Avenue, Lumby BC
Telephone	<p>Access to this subsidized long-term care residence is through an assessment by Interior Health staff.</p> <p>New Clients: Phone: 1 800.707.8550, option 3 for new clients then select 7 for North Okanagan Central Intake and Assessment Referral.</p> <p>Existing Clients: Phone 250.541.2200 (Vernon) or 250.546.4752 (Armstrong or Enderby)</p>
Website	<a href="http://www.interiorhealth.ca">www.interiorhealth.ca</a>
Operated by	Interior Health
Type of Accommodation	Monashee Mews is a 46-bed complex care community. The building is laid out into neighbourhoods, each with their own name and unique identity. Administrative and support spaces are de-emphasized, helping create a more home-like environment for our residents.
Cost	Monthly rate is up to 80 per cent of client's after tax income, with minimum and maximum rates set by the Ministry of Health Services.
Pets	Not specified.
Smoking	No smoking permitted.
Last Updated	February 2023



## Adult and Senior-Oriented Apartments

### Vernon



#### Arlington Apartments

**Address:** 3605 - 30<sup>th</sup> Avenue | **Tel:** 250.308.2485

**Contact:** Larry Kirby

**Web:** <https://lmpmgt.ca/properties/arlington/>

Offering One Bedroom, One Bedroom + Den and 2 Bedroom Apartments with balconies and complete with dishwasher, fridge, stove, and A/C. Central laundry facility available for flat fee. Hot Water Included, All Other Utilities Extra. No Smoking. No Pets. Newly renovated common areas, controlled entrance and elevator. Parking available. Landscaped grounds. Close to parks, transit, shopping, and recreation center. Rents start at \$1,020/month for one bedroom, \$1,060/month for 1 bedroom plus den and \$1,205/month for 2 bedroom.



#### Brentwood Apartments

**Address:** 3700 30<sup>th</sup> Avenue | **Tel:** 250.503.7977

**Contact:** Dawn Therrien

**Web:** [www.jabs.ca/residential/vernon/](http://www.jabs.ca/residential/vernon/)

Suites in quiet senior-oriented building. Large deck, elevator, balcony, air conditioning, laundry facilities on each floor. Heat included. Close to bus stop, Schubert Centre and downtown. Rents start at \$1000/month for a bachelor suite; \$1100 for one bedroom and \$1300 for two bedrooms. No pets, No smoking.



#### Catherine Gardens at Schubert Centre

**Address:** 3010 35<sup>th</sup> Street | **Tel:** 250.550.4543 x 100

A multi-storey residential development built to suit the needs of independent adults age 55+. The building is under control of the non-profit Catherine Gardens Life Lease Society, which opens opportunities for residents to obtain a variety of ageing-in-place assistance options. Apartments are held in a 30-year-less-a-day, renewable Life Lease which gives owners exclusive use of their residence, with none of the headaches of ownership or strata. Buyers not ready to move in to their unit are allowed to rent out their units to 55+ tenants, with guidance from Catherine Gardens Life Lease Society.



## Century Apartments

**Address:** 3614 - 30th Avenue | **Tel:** 250.308.2485

**Contact:** Larry Kirby

**Web:** <https://lmpmgt.ca/property/century/>

Offering bachelor suites \$965/month, one bedroom \$1,060, and 2 bedroom \$1,260/month. Apartments with balconies and complete with dishwasher, fridge, stove, and A/C. Central laundry facility available for flat fee. Hot water Included. All other utilities extra. No smoking. No pets. Newly renovated common areas, controlled entrance and elevator. Secured garage and covered parking available. Landscaped grounds. Close to parks, transit, shopping, recreation centre, schools, grocery store, Schubert Senior Centre.



## Columbia Apartments

**Address:** 3005 - 37th Street | **Tel:** 250.545.1519

**Contact:** Charlie Desmoker

**Web:** <http://jabs.ca/residential/vernon/>

Bachelor, large 1 bedrooms, some with den and 2/3 bedroom suites. Senior-oriented. No smoking. Close to downtown. Bachelor suites start at \$950, one bedroom \$1050+, two bedroom \$1270+ and three bedrooms \$1400+. No pets, no smoking.



## Creekside Village

**Address:** 3502 - 27<sup>th</sup> Avenue

**Tel:** 250.545.6475

**Contact:** Kara Reynolds, Building Manager

**Email:** [creeksidevillage@communitylandtrust.ca](mailto:creeksidevillage@communitylandtrust.ca)

Built by the Ukrainian Heritage Society and run by the Okanagan Village Housing Society. Must be 55+ or 50+ on Permanent Disability. 75 units in total, 37 units on the ground floor, no elevator. Not wheelchair accessible. There are 37 bachelor and one bedroom suites available as Rent-Geared-to-Income, with a set maximum amount. Fridge and stove in each suite. Heat and water included in the rent. Near bus route. On-site coin-operated laundry. No smoking. No pets.







## Embers Apartments

**Address:** 3618 - 30<sup>th</sup> Avenue | **Tel:** 250.308.2485

**Contact:** Larry Kirby

**Web:** <https://lmpmgt.ca/properties/embers/>

Offering bachelors, one and two bedroom apartments complete with dishwasher, fridge, stove and A/C. 55+ building. Controlled entrance and elevators. Secured garage and covered parking available. Hot water included in rent. All other utilities extra. Central Laundry facilities available for flat fee. Close to parks, transit, shopping, recreation centre, schools, grocery store, and Schubert Centre.

Rents start at \$910/month for a bachelor suite, \$975 for a one bedroom and \$1160 for a two bedroom. No smoking. No pets.



## Hillside Terrace

**Address:** 3405 - 39<sup>th</sup> Avenue | **Tel:** 250.550.0243

**Contact:** Pauline & Chris Bergman

**Web:** <https://lmpmgt.ca/properties/hillside-terrace/>

Offering one bedroom, one bedroom plus den and two bedroom apartments with balconies. Dishwasher, fridge, stove, and A/C. Central laundry facility available for flat fee. Hot water included; all other utilities extra. No smoking. No pets. Newly renovated common areas, controlled entrance and elevator. Secured garage and covered parking available. Landscaped grounds, close to parks, transit, shopping, and recreation centre. Rents start at \$1,075/month for a one bedroom, \$1,250 for a 1 bedroom + den and \$1,375/month for a two bedroom.



## Imperial Court

**Address:** 2801 - 34<sup>th</sup> Street | **Tel:** 250.549.2677

**Contact:** Jacquie Manchester

Bright, secure and impeccably clean. One bedroom, one bedroom plus den and two bedroom apartments for 60+. Elevator. Fridge, stove, dishwasher and washer/dryer hookups. Air conditioning. Patios. Adult building. Underground heated parking \$30/month. Rents start at \$1000 for 1 bedroom, \$1,200 for 1 bedroom + den and \$1,300 for 2 bedroom. No smoking. No pets. Utilities are extra. Electric heat.



## McCulloch Court

**Address:** 3400 Coldstream Ave

**Tel:** 250.542.1154

**Contact:** Leslie Waughman, Vernon Pensioners

**Email:** [mcculloch1@telus.net](mailto:mcculloch1@telus.net)

**Web:** [www.bchousing.org](http://www.bchousing.org)



McCulloch Court is a 55+ senior apartment building for those on low income and has 113 apartments with 2 elevators. There is parking and laundry. Non-smoking building and no pets. Must apply to BC Housing Registry.



## Northland Apartments

**Address:** 4203 - 32<sup>nd</sup> Street | **Tel:** 250.307.4768

**Contact:** Patty

Adult-oriented. Rents to seniors and other ages. One bedroom suites. Fridge, stove, dishwasher, air conditioning. Elevator. Laundry facilities. Parking for a fee. Rents start at \$1250 for furnished bachelor, utilities included or \$1,350 for one bedroom unfurnished, no utilities. Small pets negotiable.



## Royal Anne Apartments

**Address:** 3600 30th Avenue, opposite Schubert Centre.

**Contact:** Val Galbraith, Caretaker | **Tel.** 250.503.7999

1 and 2 bedroom apartments for 55+. Spacious, bright suites in a quiet, safe concrete building. No smoking, small dog allowed on approval. Contact for pricing information.



## Sunnyvale Restholm

**Address:** 4304 - 25th Street | **Tel:** 250.542.0619 or 250.542.5344 **Contact:** Harald Kober

21 self-contained apartments close to shopping for independent seniors seeking a family atmosphere; 14 one bedrooms (\$750) and 7 two bedrooms (starting at \$950). Four suites designed for disabled but must be independent. Apartment living – contains refrigerator, stove, storage area and balcony. Common coin-operated laundry facilities (\$1). Elevator. Limited carport parking. No smoking. No pets.



## The Village

**Address:** 1507 - 35th Avenue | **Tel:** 250.558.9656

**Contact:** Cheryl Gareb

**Email:** [cherylgareb@gmail.com](mailto:cherylgareb@gmail.com)

58 units located in 10 different buildings; 50 bachelor suites starting at \$1,000 and 8 one bedrooms starting at \$1,500. Located in East Hill near bus route. Each unit has a fridge and stove. Residents must be in good health and independent. Affordable housing and adult living. No smoking. Small pets only (15" or less).



## Westmount Apartments

**Address:** 3611 - 27<sup>th</sup> Avenue | **Tel:** 250.878.0136

**Contact:** Gary Gaspari

Balcony. Elevator. Covered parking. Walking distance to town. Secure gated parking (1 stall) Includes cable and water. One bedroom units starting at \$1,395 and 2 bedrooms starting at \$1,895. Does not include heat. No smoking. No pets.



## Armstrong



### Green Valley Estates

**Address:** 2805 Smith Drive, Armstrong BC V0E 1B6

**Tel:** 250.546.3933

**Contact:** Troy Devries at 250.833.9158

**Web:** [www.baptisthousing.org](http://www.baptisthousing.org)

Within walking distance of shopping mall, restaurants, library, walk-in medical clinic, museum and art gallery. Golf course and churches close by. Covered parking. Coin-operated laundry. Common room. Workshop. Community garden. 62 units in total: 28 one bedroom units; 12 two bedrooms units; and 22 two bedroom townhomes. Rents for 2022 started at \$950. No smoking. Must be 55+.



### Heather Heights



**Address:** 2315 Heather Avenue

**Armstrong BC V0E 1B1**

**Tel:** Marilyn Wittner at 250.546.8455

**Web:** [www.armstronglegion.org](http://www.armstronglegion.org)

The Spallumcheen Housing Society manages the rentals for Heather Heights housing. Heather Heights has 12 bachelor suites and 6 one-bedroom suites. Applicants must be age 55+ and not in need of nursing care. No pets allowed. No smoking. Applications are available online and can be left at the Legion office or mailed to the Spallumcheen Housing Society at Box 97, Armstrong, BC V0E 1B0. The Legion does keep a waitlist if no units are available at the time of application.



### Three Links Lodge



**Add:** 3700 Highland Park Road

**Armstrong BC V0E 1B4**

**Tel:** 778.442.5411

**Contact:** Patti Ferguson, Sunset Housing Society

Low cost independent housing. Doctor's certificate is required if medical conditions are a concern. Level entry, one floor building. Near bus route. On-site caretaker. Wheelchair units available. Rent includes heat. 20 units in total: 14 bachelor suites and 6 one bedrooms. Applications available on site. Must be age 55+. No pets.

## Enderby



### Enderby Memorial “The Terrace”



*Enderby Seniors Housing Society*

**Address: 708 Granville Avenue, Enderby BC**

**Contact Monika at Tel: 250.838.6794**

**Website: <https://enderbymemorialtower.com/the-terrace/>**

Two-storey building consists of 15 self-contained bachelor units (410 sq ft), a common kitchen/dining area, laundry facility, office and storage space. Must be on the BC Housing Registry to live in these bachelor units. Rent geared to income plus \$45 for TV and laundry. Pay own hydro. Enderby Seniors Housing Society can help you apply. Apartments are for low income seniors and disabled persons 55+.

### Enderby Memorial Tower

*Enderby Seniors Housing Society*

**Address: 708 Granville Avenue, Enderby BC**

**Contact Monika at Tel: 250.838.6794**

**Website: <https://enderbymemorialtower.com/>**

There are 33 one bedroom rental units which are supportive housing for seniors 65+. There are 25 singles, 8 larger suites that may accommodate a couple. 4 of these larger suites are modified for handicapped use. There are meals, housekeeping, laundry, TV, garden boxes and recreation activities. Limited parking. Seniors do not need to be on Housing Registry. Unit sizes start at 580 sq ft.



### Pioneer Place

*Turning Points Collaborative Society*

**Address: 102, 3301 – 24 Avenue, Vernon BC V1T 9S8**

**Rental Inquiries: Stacy Pavlov (Site Manager)**

**Tel: 778.692.5656**

**Email: [stacy.pavlov@turningpoints.ngo](mailto:stacy.pavlov@turningpoints.ngo)**

Five garden-style apartment buildings - different addresses, but in close proximity. Building #1 address is 1104 Belvedere Street in Enderby. Total Units: 24 units in total: 17 one bedrooms, 7 two bedrooms. Cost: 30% of proven income. Laundry available. Some gardening spaces. Ask about parking. No outside storage. Walking distance to town. Must be 55+. No smoking. Pets negotiable.



## Lumby



### Monashee Place

*Lumby & District Senior  
Citizen's Housing Society*



**Address: 1748 Glencaird Street, Lumby BC V0E 2G0**

**Tel: 250.547.2060**

**Contact: Jody Larose**

**Email: [saddle40@telus.net](mailto:saddle40@telus.net)**

**Web: <https://saddlemountainplace.ca/monasheeplace>**

Low cost housing for seniors and persons with disabilities. 16 one bedroom units (\$650). Tenants responsible for own hydro, telephone and cable. Small patio off each unit. No smoking. Must be 55+. Small pets allowed with restrictions, board approval and \$300 refundable deposit. Must apply to both the BC Housing Registry and to Monashee Place.



### Saddle Mountain Place

*Lumby & District Senior Citizen's  
Housing Society*



**Address: 1751 Glencaird Street, Lumby BC V0E 2G0**

**Tel: 250.547.2060**

**Contact: Jody Larose**

**Email: [saddle40@telus.net](mailto:saddle40@telus.net)**

**Web: <https://saddlemountainplace.ca/>**

Low cost housing for seniors. 40 garden-style apartments in total: 20 bachelor suites (\$524) and 20 one bedrooms (\$645). Tenant responsible for own hydro, telephone and cable. Small patio off each unit. No smoking. Must be 55+. Small pets allowed with restrictions, board approval and \$300 refundable deposit. Must apply to both the BC Housing Registry and to Saddle Mountain Place.