

What should I include in the Christmas Care Box?

Here are some ideas. We ask that gift items be non-perishable and gender-neutral.

- **Grocery gift card***
- Ground coffee
- Quality tea
- Puzzle book (large print preferred)
- Small flashlight
- Package of greeting cards
- Postage Stamps
- Wall Calendar
- Lip balm
- Band-aids
- Hand lotion
- Room spray
- Roll of coins
- Safety whistle
- Gloves, socks
- Hand warmers
- Hand sanitizer
- Heating pad
- Kleenex packages
- Note book
- Magnifying glass
- Pill box
- Scratch to win card
- Vernon Taxi ride voucher
- Wrapped snacks such as dried fruit, cookies, crackers, granola bars, pretzels, etc.
- Candy, chocolates, licorice or mints
- Honey, jam or jelly
- Olive oil
- Deck of large-print playing cards

*Why should I include a gift card?

When we started this campaign in 2016, it quickly became obvious to us that seniors with lower incomes struggle with the cost of household items. They can usually only afford the basics, and rarely can they afford fresh fruit and vegetables. Even a gift card valued at \$25 can buy a good amount of items from a budget-friendly grocery store.

What is the drop off deadline?

In order to get the gift to the recipient by Christmas, we ask that you drop off the gift box by December 10th.

Where is the drop off location?

Gift boxes and donations can be dropped off at NexusBC Community Resource Centre 102 - 3201 30th Street, Vernon BC V1T 9G3 (next door to Service BC).